



## Girls Future Select

### Practice Schedule:

|   |                         |  |
|---|-------------------------|--|
| First Practice:                           | <u>Time &amp; Date:</u> | July 9<br>9:00 AM – 12:00 PM<br>1:00 PM – 4:00 PM                |
|   | <u>Location:</u>        | Capital Sports Center<br>5209 Luce Ave, McClellan Park, CA 95652 |
| Second Practice:                          | <u>Time &amp; Date:</u> | July 11<br>9:00 AM – 12:00 PM<br>1:00 PM – 4:00 PM               |
|   | <u>Location:</u>        | Capital Sports Center<br>5209 Luce Ave, McClellan Park, CA 95652 |
| Third Practice:                           | <u>Time &amp; Date:</u> | July 13<br>9:00 AM – 12:00 PM<br>1:00 PM – 4:00 PM               |
|   | <u>Location:</u>        | Capital Sports Center<br>5209 Luce Ave, McClellan Park, CA 95652 |
| Fourth Practice:                          | <u>Time &amp; Date:</u> | July 14<br>9:00 AM – 12:00 PM<br>1:00 PM – 4:00 PM               |
|   | <u>Location:</u>        | Capital Sports Center<br>5209 Luce Ave, McClellan Park, CA 95652 |
| Leave for High Performance Championships: |                         | July 16  |
| Fifth Practice:                           | <u>Time &amp; Date:</u> | July 17<br>12:00 PM – 1:30 PM                                    |
|   | <u>Location:</u>        | Ft. Lauderdale, Florida  |