

Policy

If you do not hold a tryout (as tryouts are not mandatory) to select your teams, you are still required to abide by these policies and may not collect Letter of Commitment or funds before the dates listed below. The approved tryout dates for the 2025-2026 season are:

First Day of Tryouts (18's, 17's, 16's and 15's) — Friday, July 25th, 2025

- No club can sign a player before Wednesday, July 30, 2025
- No club/team can collect money before Wednesday, July 30, 2025
- The 48-hour waiting period to sign a player still applies to tryouts held after July 29th, 2025.
 - *Example:* if your tryouts are held on July 29, 2025 your 48 hours would begin at 12:01 AM July 30, 2025 and end 12:01 AM on August 1, 2025.

Structure of Season

- Summer camps, Clinics and Open Gyms: June – July 25, 2025
- Tryouts may start July 25, 2025
- Optional Camps, Clinics and Open Gyms: August/September/October
 - NO organized team practices during this time due to High School season
- Pre-Season: November 1st – November 30th
 - Team Practices may begin, with flexibility due to High School State Championships
- Season Starts: December 1st, 2025
 - Team Practices may begin in full

First Day of Tryouts (14's, 13's, 12's and 11's) — Friday, October 10, 2025

- No club can sign a player before Wednesday, October 15, 2025
- No club/team can collect money before Wednesday, October 15, 2025
- The 48-hour waiting period to sign a player still applies to tryouts held after October 14, 2025.
 - *Example:* if your tryouts are held on October 14, 2025 your 48 hours would begin at 12:01 AM October 15, 2025 and end 12:01 AM on October 17, 2025.

Violations

The following sanctions apply directly to the person(s) violating the policy. The penalty for the first violation will be suspension from all NCVA/USA competitions for a minimum of one (1) week up to a maximum of one (1) month, depending on the severity of the violation. Multiple offenses arising from the same incident (multiple players on the same team, e.g.) will incur separate penalties.



NCVA Tryout Policy

2025.2026 Girls' Season

The penalty for the second violation will be suspension from all NCVA/USA competition for a minimum of one (1) month up to a maximum of one (1) year, depending on the severity of the violation. Multiple offenses arising from the same incident (multiple players on the same team, e.g.) will incur separate penalties.

All suspensions begin on the date of the first competition following the violation for the penalized person(s). All to begin with the first tournament of the season.

If any person fails to adhere to the terms of a sanction, the individual will be suspended from NCVA competition and National-Level events for one (1) calendar year and subject to a lifetime ban. Furthermore, the coaching staff of the team on which the person is registered will be suspended from NCVA competition and National-Level events for one (1) calendar year and subject to a lifetime ban. In the event the individual is the club director, all coaches in the club will be suspended from NCVA competition and National-Level events for one (1) calendar year and subject to a lifetime ban.