

## Melissa Walker

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**From:** Melissa Walker  
**Sent:** Tuesday, July 11, 2017 4:46 PM  
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**Subject:** HP Update #3  
**Importance:** High

Hello!

Here are a few updates for the upcoming HP Championships:

### Team Payments:

If you have not already submitted payments #2 and #3, please be sure to submit those online asap.

Team Payment links are posted here: (Under "Team Member Payments") <http://ncva.com/girls/high-performance/indoorhp/>

### Required Forms:

If you have not already submitted your forms, please be sure to send those over by 5 PM on Wednesday, July 12.

Please submit a completed [medical release form](#). PLEASE NOTE: IT MUST BE NOTARIZED. Please scan and email to [melissa@ncva.com](mailto:melissa@ncva.com)

Only one parent must sign the form. Only the parent's signature must be notarized. If the player is over 18, we will still need a medical release form, however the over 18 player's signature should be notarized.

Please submit proof of date of birth. This can be a copy of the player's birth certificate, driver's license, passport. Please scan and email to [melissa@ncva.com](mailto:melissa@ncva.com)

### Opening Ceremonies:

All players must have khaki bottoms for opening ceremonies. They can be shorts, pants, skirts, capris, etc. They must be longer than your arms at your sides, no exceptions. Any players without appropriate attire will not be allowed to attend opening ceremonies.

Parents: If you wish to attend the opening ceremonies, it is now **free**!! No tickets needed!

## Opening Ceremonies Sponsored by the Florida Region!

**\*\*IMPORTANT: NO DINNER THIS YEAR!**

- 7:30pm on Tue, July 18<sup>th</sup> at the Grand Floridian Ballroom in the Ft. Lauderdale Convention Center
- OC will include opening entertainment (TBD); introduction of teams with spotlights, video, and team music; welcome by local hosts; and guest speaker (TBD).
- Doors open for spectators at 7:00pm
- Teams begin lining up at 7pm for processional in Exhibit Hall A
- Admission for OC is free to team delegations.
- Admission for Spectators is **free!**

### **Entry Fees:**

Each player will be provided a wristband for entry into the event each day.

Parents: You can purchase wristbands online or at the door. <http://shopping.netsuite.com/usavolleyball>

### **Coaches/Snacks/Water/Allergies:**

Your coaches will be handling all chaperoning responsibilities. They will be collecting \$35 at practices before you travel in order to arrange for water and snacks for the players while in Florida. Any money left over will be divided amongst the players and returned before returning home.

Allergies – if your player has a food allergy, please be sure to send me an email with this information so the coaches are made aware.

### **Important Contact Information!**

I can be reached on my cell phone anytime, day or night, while in Florida. Please use this number for HP purposes only and do not give out to anyone outside the HP program. Cell: 415-755-7077

Please make sure that your player has the cell numbers of all three of their coaches before departing. This will help with airport pickups, arrival at hotel, etc.

### **July 16 – Player Check-In**

NCVA HP will have a ballroom for the welcome party and dinner. Players will receive their gear and be able to pick up room keys at this location.

**PLEASE NOTE:** Players will not be able to check-in at the front desk. They are **REQUIRED** to check-in with the NCVA HP staff to get their room keys.

### **Team Gear:**

All players will receive the following:

- 1 NorCal HP Backpack
- 2 NorCal HP Jersey Tops
- 1 Pair of Black Shorts (players may bring additional, see notes in email below)
- 1 NorCal HP Shirt

If you have any questions that are not covered here, please be sure to send them my way!



**Melissa Walker** *Chief Program Officer*

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 Think before you print.