



**WHAT IS IT?:** The AVCA College Prep Combine is a two-hour low-impact, high-value data-gathering session that assesses a player's physical potential and behavioral temperament, both critical factors in informing the college-bound volleyball player about her choices. This investment pays lasting dividends because the results are compiled in a searchable database where participants, their parents and college coaches can look for good matches.

*"This is the best \$100 I've spent since my daughter got involved in club volleyball!"* Dad of 2014 San Jose Combine participant. **97% of parents said the price was worth the value delivered.**

**WHO SHOULD ATTEND?:** Any female volleyball player graduating from high school in 2015 to 2018 who wants an avcaVPI™ score, a standardized, unbiased metric validated by the American Volleyball Coaches Association (AVCA) and recognized by college coaches at all levels.

*"The college recruiting process is really confusing and time consuming for players that do not play for a big name club that has a recruiting person. I think these combines helped me know what to focus on with contacting the college coaches."* A Libero from Ohio, playing at the University of Delaware in the fall of 2014.

**WHEN & WHERE:** Friday, January 16, 2015 @ NCVA California Kickoff, San Jose, CA  
Wave 1: 5:30-7:45 PM  
Wave 2: 6:45-9:00 PM

**COST:** \$99 per participant for early registration; \$129 for late registration

**\*\*Early bird deadline is Jan. 2!\*\***  
**(Limit of 200 participants)**

**WHY:**

1. Assess where you stand compared to other players your age and position, and current college players;
2. Build your recruiting portfolio with metrics validated by the American Volleyball Coaches Association;
3. Start to process where you should look for collegiate opportunities and what's the best fit for you;
4. Get college recruiting information from the National Collegiate Scouting Association (NCSA)

*"Having a daughter who wants to play college ball, the combine gave us realistic, concrete information to work with in helping decide [what] college's best suited to her needs and abilities."* Mom of San Jose Combine Participant.

**The AVCA/NCSA College Prep Combine will consist of three major components:**



**1. Volleyball Performance Index (avcaVPI™):** a composite score of electronically-validated tests measuring standing vertical jump, arm swing velocity, height of attack, two-handed block touch, pro-agility and acceleration. Compare your results with other players the same age, others at the same position, or players currently on college teams.

**2. Athlete Behavioral Profile (ABP):** a succinct overview of a player's behavioral tendencies on the court. Valuable for self-awareness about your learning style and useful in identifying college environments where you will thrive.

**3. Player Video Clip (PVC):** each player will have a videotape clip of her performance in the height of attack, arm swing velocity and pro-agility stations automatically uploaded to her profile in the avcaVPI™ database. She will also have the ability to add her own 3-minute YouTube video clip to her profile. When combined with the avcaVPI™, the PVC provides a college coach with the ability to judge how far along a player is in reaching her physical potential.

*"...I really like the first meeting with the recruiter and college coaches. Very honest and eye opening. . . we learned a lot about D1 vs D2 vs D3 and college options . . ."*  
**Parents of San Jose Combine participant**

For questions regarding the AVCA College Prep Combine, please contact Kate Hendle at [kate.hendle@avca.org](mailto:kate.hendle@avca.org). Space is limited. Sign up today!