# Why is USA Volleyball / NCVA "The Right Choice"?

Because USA Volleyball (USAV) and the Northern California Volleyball Association (NCVA), a Region of USA Volleyball, set the standards and specialize in volleyball 24/7, 365 days a year. USAV, and the NCVA, are non-profit, non-government supported organizations, connected at all levels from the National Teams to the youngest and oldest age groups in indoor, sand, grass and Paralympic disciplines for both genders. No other organization is so totally invested in creating volleyball as a lifetime sport from top to bottom.

USA Volleyball is the National Governing Body (NGB) in the United States for indoor and sand volleyball, the only organization so recognized by the United States Olympic Committee (USOC) and the Federation Internationale de Volleyball (FIVB).

College scholarships and Olympic dreams begin with USAV and their Regions, which has over 245,000 registered members, 12,000 teams and 5,000 clubs nationwide. Membership in USAV provides opportunities for teams from all 50 states to compete for the title of "National Champion." Of which the NCVA has over 13,000 region members.

# **Local, Regional and National Events**

Players have the opportunity to play in quality, exciting USAV sanctioned competitions – both indoor and sand – that are open only to USAV members.

USAV hosts National Championship level events for girls' and boys' youth under age 18, along with elite qualifying tournaments into their gender-specific USAV Junior National Championships and Sand Nationals. With set standards for the quality of these events and accountability for those that run them. Tournament sanctioning provides players and clubs with added assurance. Many of our competitors cannot provide the assurance that you are playing in a sanctioned event held with highest standards.

## **Security, Safety and Background Checks**

USAV and its' Regions provide extensive safety and security checks in which every coach, official, team representative, or club staff member that has contact with youth-level players is required to have a biannual background screening. USAV and the NCVA are leaders in protecting young participants. We are the ONLY Volleyball organizations that have this as a **requirement** to protect the USAV/NCVA youth. We have set the highest standard of screening in the business.

USAV sets standards for the Regions and events for facilities and is proactive in teaching safety issues to players, coaches, club directors, officials and event organizers to ensure the safest environment possible. USAV members benefit from having a comprehensive insurance package provided to them as part of their registration fees. This insurance package is one of the best in the industry, which includes sports accident, facility usage and assistance with Directors and Officers (D&O) for Clubs' Board of Directors Coverage.

### **Parent Involvement**

Opportunities exist for parents to be involved in the Regional Volleyball Association governance structure and to make positive changes in the sport at the national level. Parents can also become active in the sport as scorekeepers, referees, coaches or even play in their own adult league.

USAV provides parent outrach programming to better educate the entire family unit on the sport of volleyball and the impact USAV can provide to the athlete.

## **USA Volleyball Sets the Standards**

USAV sets the standards for governance and specifies that every region in the country meet specific criteria to remain in good standing

USAV recommends sand and indoor rules standards for use by every other youth and adult volleyball organization in the United States.

USAV is affiliated with other organizations like the American Volleyball Coaches Association (AVCA) the National College Athletic Association (NCAA) and the National Federation of High Schools (NFHS) supporting our combined efforts to support our mission.

# **Educational Opportunities for the Beginner to the Advanced Coach/Official**

All USAV / NCVA junior coaches must complete minimum coaching education requirements through the USAV Coaching Accreditation Program (CAP). A state of the art, annually updated introductory level coaching clinic, called IMPACT, is delivered both locally by the RVAs and in national webinars. USAV has partnered with the National Federation of High Schools (NFHS) and the American Volleyball Coaches Association (AVCA) to offer the next level of training with a new online course.

Individuals within USAV / NCVA have the opportunity to advance their coaching skills through the CAP program with modules taught by highly qualified coaches including members of the National Team coaching staffs.

The annual USAV High Performance Coaches' Clinic brings in the top coaches from across the United States and around the globe to expand the coaching curriculum. The NCVA High Performance Program coaches have attended this clinic since its inception in order to add to the quality of the program.

USAV / NCVA CAP, Sports Medicine and High Performance programs have access to cutting-edge teaching methods, information and technology through its relationship with the United States Olympic Committee (USOC) programs and other national federations.

USAV / NCVA develops high-quality referees and scorekeepers who must undergo certification training, creating a pool of regionally and nationally certified court officials. We are the **only** training organization with a program for officials in the sport of club volleyball.

# **Programming Benefits for USA Volleyball Members**

USAV members are eligible to try out for and participate on NCVA Regional High Performance teams or National High Performance teams, including Team USA squads that compete internationally in zonal and World Championship events that are part of the Olympic pipeline.

Members receive the quarterly, full-color magazine *Volleyball USA*. In addition the bi-weekly electronic newsletter "Rotations" is part of a wealth of news and information distributed to the public. Individuals can sign up for free email subscriptions by clicking here.

USAV has an extensive awards program with categories for athletes, coaches, officials/scorekeepers, junior representatives, sports medicine and leaders for the sport.

### **Grassroots Development at Youth and Adult Levels**

USAV / NCVA re-invests in the sport through financial support for under-represented populations including Starlings USA economically-disadvantaged clubs, boys' youth/college men, military and a wealth of disabled programming.

A huge amount of free grassroots sport development material is available on the USAV and NCVA Web sites, including Best Practices and "How To" instructions designed for players, club directors, coaches, officials and parents for all levels.

#### We are the Future

NCVA has a full time office staff dedicated to club volleyball in the Northern California and Northern Nevada Region. In addition to this highly specialized and available staff, USAV has a full-time Office staff, along with dedicated staffs and volunteers at all 40 of its Regional Offices. Both national and regional staffs deal with only indoor and sand volleyball - no other sport. This allows us to devote all of our time to Volleyball.

Both the NCVA and the USAV National Office are devoted to providing standardized governance and programming to grow and enhance the game.

USAV holds regularly scheduled meetings between the National Office staff, Regional Volleyball Associations and Commission leaders to maintain the high level of quality members expect.

### **THANK YOU!**



USA Volleyball and the NCVA would like to thank all of America, and especially those in our extended "Volleyball Family" for their support over the past years which led to our most recent history making performance in the 2008 Beijing Games. Three gold and two silver medals in our sport for the Olympic and Paralympic Games are the result of the Regions, Volleyball Clubs and USAV leadership working together with the US Olympic and Paralympic Committees to grow the game and sustain competitive excellence. We look forward to your participation in the years ahead. The NCVA <a href="www.ncva.com">www.ncva.com</a> / <a href="www.ncva.com">wball@ncva.com</a> is the place to start, but you can always contact USA Volleyball's national office at 1-88USVOLLEY, or at info@usav.org

As with all things, you may find other options for volleyball, but nothing compares to the experience you will receive being involved with USAV / NCVA. We encourage you to investigate and research the facts for yourself, and make sure you have the correct facts. While sometimes it is difficult to compare apples to oranges. Here are a few questions that may help you decide:

Is that representative truly involved with the organization they are representing, does the governing organization support that individuals or organization. Does the governing organization ensure that you receive what is promises. If you do not what are your recourses?

It is very important to know and understand all areas of what organization you choose. The ultimate goal is to always do what is best for the youth of Volleyball and give back to the volleyball community. We encourage you to compare USAV / NCVA to all other volleyball organizations and we guarantee the best choice for a volleyball organization will be with the USAV / NCVA.

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